

Week 13 - “Psalm 139 – The God who Knows Me Intimately”

The Aim of the Session

The Psalms, written by David and others, still resonate with us today because they are songs that express so much: joy, laughter, love, confidence ... as well as anger, hurt, frustration, suffering and so much more. They are real songs by real people and they can be vehicles for us in our own lives, to help us express our feelings, as well as ways in which God encourages us to be honest with him.

- **Welcome**

Who has been your best friend in life?

- **Worship**

Read Psalm 139:1-18, maybe a verse each. How does reading this make you feel? Loved? Embarrassed? Guilty? Joyful? Go round the room and share a verse which particularly resonates with you and why.

- **Word**

Over the past few weeks, we have looked at these topics ..

- ❖ God's Awesome Creation
- ❖ God's Care and Guidance
- ❖ The God of the Suffering Soul
- ❖ Thirsting for God
- ❖ Confidence in God
- ❖ Humility Before God
- ❖ Trusting in the Eternal God
- ❖ The God who Judges
- ❖ The God who Is King
- ❖ The God who Promises Salvation
- ❖ The God who Knows Me Intimately

Spend some time reflecting ...

- ❖ Which of these Psalms/Topics has described best where you feel you are?
- ❖ What have you learnt that is new?
- ❖ Which has been the most encouraging?
- ❖ Which has been the most challenging?
- ❖ How have you seen God as King in all of these seasons?

- **Works**

What are your plans for the summer? Pray for each other, especially that you will know the intimate love of God!